

Lernkarte zu

Thema: **Umgang mit Stress und Trauma und MHPSS**

Autor*in: Mathias Moldenhauer

Kurskürzel BL: **0812**

Datum: **17/8/23**

Region oder Land des Themas:

Uganda



SDGs des Themas:

Gute Gesundheitsversorgung



- Bitte auswählen -



Die Lernziele:

Fachkompetenz in den Bereichen Umgang mit Stress und Trauma sowie Psychische Gesundheit und psychosoziale Unterstützung (MHPSS).

Methoden für das selbstgesteuerte Lernen:

Linklisten



Ressourcen zum Thema:

'There is trauma all round': A qualitative study of health workers' experiences of caring for parents after stillbirth in Kenya and Uganda

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9880557/>

Associations of psychological inflexibility with posttraumatic stress disorder and adherence to COVID-19 control measures among refugees in Uganda: The moderating role of coping strategies

<https://www.sciencedirect.com/science/article/pii/S2212144723000479>

Post-Traumatic Stress Disorder and Coping Strategies Among People with HIV in Lira District, Uganda: A Cross-Sectional Study

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC9166282/>

UNICEF Uganda: Bruised but not broken; a rape survivor's tale

https://www.youtube.com/watch?v=JBFValF_xRo

Landslide disasters in eastern Uganda: post-traumatic stress disorder and its correlates among survivors in Bududa district

<https://bmcpyschology.biomedcentral.com/articles/10.1186/s40359-022-01001-5>

Uganda: post-traumatic stress disorder, a new health emergency

<https://cefarh.org/2021/uganda-post-traumatic-stress-disorder-a-new-health-emergency>